

# Useful Information for Older People

## Sheltered and Supported Living:

(advice and application form)

529 5080

[www.edinburgh.gov.uk/info/925/council\\_housing/382/social\\_housing](http://www.edinburgh.gov.uk/info/925/council_housing/382/social_housing)

## Social Work Department:

Social Care Direct

200 2324

## Transport:

Blue Badge (for disabled parking)

0800 23 23 23

Bus pass (One Edinburgh team)

200 2351

Dial a bus (Handicabs)

447 1718

Dial a ride (Handicabs)

447 9949

[www.handicabs.org.uk](http://www.handicabs.org.uk)

Taxicard

0800 23 23 23

## Visual Impairment:

Royal National Institute for the blind.

0303 123 9999

(info, support and advice)

[www.rnib.org.uk](http://www.rnib.org.uk)

## War Disablement Pension:

0800 169 2277

[www.veterans-uk.com](http://www.veterans-uk.com)

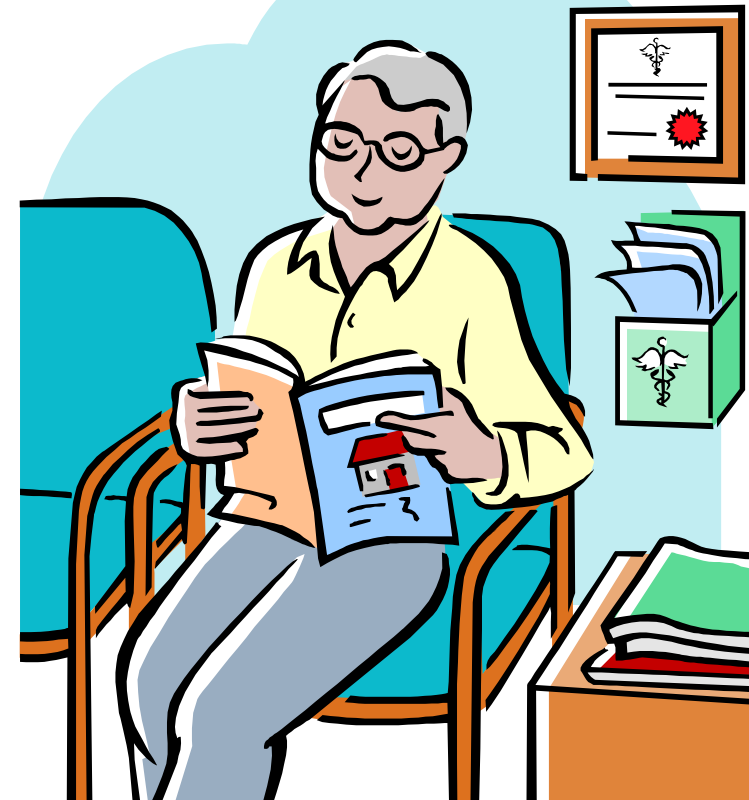
## Winter Fuel Payment:

0845 9 15 15 15

[www.direct.gov.uk](http://www.direct.gov.uk)

Information leaflets on other topics are on display at the surgery.

There are some items of equipment you can order directly from the Community Equipment Service. Booklets available in surgery.



**Activities:**

Get up and go Programme 529 7844  
 (magazine available at GP surgery)  
[www.edinburgh.gov.uk/getupandgo](http://www.edinburgh.gov.uk/getupandgo)

**Attendance Allowance:** 0800 88 22 00  
[www.direct.gov.uk/en/Diol1/DoltOnline/DG\\_4017510](http://www.direct.gov.uk/en/Diol1/DoltOnline/DG_4017510)

**Benefits Advice:**

The Advice Shop – South Bridge 200 2360  
 Benefits Hotline 0800 88 22 00

**Bereavement Counselling:**

Cruse ([www.crusescotland.org.uk](http://www.crusescotland.org.uk)) 0845 600 2227

**Care and Repair:** (handyperson service) 220 7630  
[www.careandrepaiiredinburgh.org.uk](http://www.careandrepaiiredinburgh.org.uk)

**Carers Information:**

CA(I)RE Project – Eric Liddell Centre 446 3321/3317  
[ericliddell.org/our-services-caire.php](http://ericliddell.org/our-services-caire.php)  
 Oxgangs Pentland Care Project 445 3332  
 VOCAL - Voice of Carers across Lothian 622 6666  
[www.vocal.org.uk](http://www.vocal.org.uk)

**Chiropody:**

Collect self referral form at GP surgery or online at practice website: [www.bruntsfieldmedicalpractice.co.uk](http://www.bruntsfieldmedicalpractice.co.uk)  
 GP referral if housebound

**Continence garments:**

District Nurses 228 7503

**Disabled Living Centre:**

Astley Ainslie Hospital 537 9190

**Edinburgh Council:**

[www.edinburgh.gov.uk/info/1456/older\\_people](http://www.edinburgh.gov.uk/info/1456/older_people)

**Energy Assistance Package:** 0800 512 012

**Fire Safety:**

Lothian+Borders Fire Brigade 0800 169 0320  
 free safety check + smoke alarm  
[www.lothian.fire-uk.org/](http://www.lothian.fire-uk.org/)

**Free TV Licence (over 75s):** 0300 790 6131

**Garden Aid Service:** 529 7881

**Health Information:**

NHS Inform ([www.nhsinform.co.uk](http://www.nhsinform.co.uk)) 0800 22 44 88

**Hearing Impairment:**

Action on Hearing Loss (new name for RNID) 0808 808 0123  
 Textphone 0808 808 9000  
[www.actiononhearingloss.org.uk](http://www.actiononhearingloss.org.uk)

**Home Care / Respite Care Information:**

Social Care Direct 200 2324

**Lunch clubs/ Day centres etc:**

Social Care Direct (general info) 200 2324  
 Also see under 'Activities'

**Out of Hours:**

NHS 24 ([www.nhs24.com](http://www.nhs24.com)) 08454 24 24 24

**Personal alarms and Home Safety devices:**

Assessment and advice service 529 7661